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MANAGEMENT TEAM:

SHELLEY REYES - Executive Director

EIRA REA SANTOS - Director of Resident Development KENDRA BAILEY - Outreach Marketing Director

IRENE HERYFORD - Care Coordinator

ALONDRA GARCIA - Dietary Supervisor

LOURDES DUNHAM - Activity Director

DIGNA MAGLALANG- Medical Records

RICH SALCIDO - Driver/Maintenance

LUZ PACHECO - Housekeeping Supervisor

Sending You a Springtime Smile!

The season is blooming along with our best wishes for our residents. Have a great spring of smiles, laughter, and good weather!



April 2023



April Greetings

Spring is now in full swing! The flowers are in bloom and the year is a third of the way over already. We would like to extend our gratitude to all of our hard workers and our great residents who continue to make this place possible. We will try to take advantage of these coming beautiful months and not let the pranks on April Fools' get too crazy!

-Shelley Reyes

Passport to Thailand - April 25th

Thailand is famous for spa massages, beaches, temples, night life, and of course shopping. Also known as the "Land of a Thousand Smiles," Thailand is a must-see destination in Southeast Asia.

Thai food has been influenced by many cultures including India, China, and Portugal. We are excited for the tastes, sights, and sounds of this month's passport destination!

Activities Department Lourdes and Matthew (707) 999-5025

Celebrating Smiles SMILE! You're on Candid Camera!

In celebration of the mask mandate being lifted for staff and visitors, this April 3rd, we will be celebrating with music, dancing, and refreshments. Monday, April 3rd, Music Performed by Glen Snyder



Happy Easter

It's a time of rebirth and renewal. Whether you're celebrating the arrival of spring, bunnies bearing eggs, or the religious significance of Easter, our staff wishes all of you a wonderful holiday.

April 7th

Easter Egg Hunt at 1pm, and

Petting Zoo at 2pm

Watch out! The Easter Bunny
will be around to make it more
fun, too!

Prizes will be given to those that
find the most eggs!



Celebrating Two Amazing Men

Happiest of birthdays to Bob and Bruce! We hope you have the biggest piece of cake and the biggest scoop of ice cream (it's on us)!



Bruce S. April 8th, 1917 (106)





Robert "Bob" K. April 8th, 1922 (101)

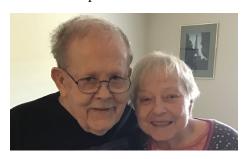
National Arbor Day

April 28th at 10am, in honor of Arbor Day, we will decorate our community's trees with ribbons and beautiful bows!



Husband Appreciation Day Spotlight

April 3rd is "Husband Appreciation Day." We would like to shine light on one of our great Cornerstone couples, Paul and Helen VD. Paul and Helen have been with us for about 3 years and have brought us many laughs and beautiful moments. They are known for interacting with many residents around the community attending our Bible study programs, and reminiscing about their travels. Paul is a caring and helpful husband, so be sure to compliment him and maybe share a joke. All of our husbands at Cornerstone dote on their wives and make this our community a family-oriented and fun place to call home.



April 20th: National "Look Alike Day"

Two residents who share many similarities are Bonnie F. and Barbara H. They share everything from clothes to luck during bingo; these two could be considered twins which makes them very good friends. Give them a wave if you see them; be sure you can tell them apart!



Honoring Gold Star Spouses

Gold Star Spouses Day on April 5th honors the wives and husbands of fallen U.S. armed forces members.

Word Search Prizes

Answer the word search (located on the back of your newsletter on page four) and see our activities team for a prize!



Fun

Amazin' Raisins

Dried grapes have their day in the sun on April 30th, "National Raisin Day." The small fruit adds a natural sweetness to cereals, trail mix and baked goods, and many eat them plain for a healthy snack.

Laugh for Health

Go ahead and engage in a funny, friendly prank on April Fools' Day. A good belly laugh has been proven to elevate mood, reduce pain and boost immunity.

Give Five

It's a simple, nonverbal gesture that conveys "good job" among teammates, co-workers and friends: a high five. Studies show that giving and receiving high fives can boost confidence, increase bonding and provide motivation. Give others a hand on "National High Five Day," April 20th.

Superhero Day

Empathy and compassion for others are the key variables that contribute to heroic behavior. Let's make this April 28th a day to honor all heroes!

Fun fact: Superhero Flash Gordon, debuted in comic strips on Jan. 7th, 1934

APPRECIATION STATION

We have many people to be appreciative of, and April is full of national days to show our gratitude to our hard-working folks!



Occupational Therapy Month

April gives us a chance to recognize the role of these important health care workers. Occupational therapists make daily life easier for everyone in their care, and our ongoing gratitude goes out to them!

Appreciating Administrative Staff

We give an extra-special thanks to all receptionists, assistants, secretaries, aides and clerks during "Administrative Professionals Week" 4/23-29th.

Thank you to our receptionists from all of us here at Cornerstone!

Jasmine and Yvette

April 30th: "Hairstylist Appreciation Day"

They're the folks who are a cut above! Give a shout out to our lovely Miss Jessica, our community's hairstylist!



April Fools

Poetry

Arbor Day

Rainbow

Butterfly

Recycle

Clouds

Reduce

Daffodil

Reuse

Earth Day

Showers

Meadow

Tulips

Mist

Umbrella

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